OCTOBER 2-8, 2024



Be a Blazer who serves

Being a student at UAB means you're part of something special: helping others.

<u>Learn more</u> about ways to give back in your community.

FIRST UP

News and Announcements



Join the family!

This week's <u>UAB vs.Tulane game</u> is part of <u>Fall Family Weekend</u>. Don't miss three of UAB's most unique traditions: Taste of UABham, Blazer Mixer, and the Recstravaganza, which includes the third annual Rubber Duck Race in URec's pool, as well as free fitness classes, climbing, and giveaways. And for those students whose parents or grandparents are alumni: Don't miss the <u>Legacy Pinning Ceremony</u>.

Celebrate solar power

The <u>National Solar Tour</u> showcases the Solar House and Sustainable Community's initiatives, encourages and inspires sustainable practices in others, and celebrates the work of local environmental stewards. Get inspired while enjoying food, music, and vendors.

Did you get the e-mail?

A select group of students was randomly chosen to take part in the <u>2024 National</u> <u>College Health Assessment</u>. If you were one of the students selected, you could win prizes such as \$500 in BlazerBucks, an iPad, or an Amazon gift card.

BLAZER SPOTLIGHT



Nursing student Tati Mikel says: "you got this"

<u>Tati Mikel</u>, a sophomore nursing student, wants to get more involved on campus. "I'm a chronic overthinker. Many overthinkers think, oh, I have to overthink this whole situation. There's either you care, or you don't. You gotta tell yourself, you got this! One thing at a time."

IMPORTANT DATES & DEADLINES

<u>Sunday, October 13</u> is the application deadline for the Mr. and Ms. UAB Scholarship Competition. All applicants must attend one orientation session beforehand.

Monday, October 21 is the final payment deadline for the Blazer Flex Plan.

MAKE THE MOST OF IT

Student Resources for Success



VMASC provides tutoring help and hosts Major Discovery Fair

The Vulcan Materials Academic Success Center (VMASC) fosters undergraduate student success and upholds a supportive environment that encourages goal achievement and degree completion. Services include tutoring, supplemental instruction, academic advising, success advising workshops and study hours. Attend the Major Discovery Fair in Sterne Library next Tuesday or on Zoom Wednesday to explore different academic majors and career paths.

UP NEXT

Check the <u>Campus Calendar</u> for more events this week



<u>Title IX Office: Sexual Assault Prevention Training:</u> Tomorrow, October 3, attend this instructional workshop and learn how to promote a culture of respect at UAB.



An Evening with Dru Hill: Sunday, October 6, step into the future of R&B history and discover the groundbreaking legacy of Dru Hill. Limited student discounts are available.



Moo Deng Clay Night: Monday, October 7, make a mini clay figurine of the viral sensation Moo Deng at Sterne Library. Space is limited so be sure to <u>register</u>.



Oktoberfest at the Commons: Tuesday, October 8, celebrate Oktoberfest on campus with delicious food, fun games, and music. Prost!

-THS-OR-THAT

This week's *This or That* goes out to Taco Tuesday fans. Which do you prefer: corn or flour tortillas?

VOTE NOW



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