

February 22, 2022



You need to know these 9 women scientists

Of the 10 women scientists in Birmingham news and culture site BhamNow says are ones to watch, nine are from UAB — Henna Budhwani, Dori Pekmezci, Mary Kathryn Sewell-Loftin, Talene Alene Yacoubian, Ninencia Scott, Foluso Joy Ogunsile, Despina Stavrinou, Erica Bjornstad and Suzanne Lapi.



4 tips to keep your heart healthy

American Heart Month is a great time to adopt a healthier lifestyle to prevent cardiovascular disease, says Tara Harman, instructor in the Department of Nutrition Sciences. Read her four tips on how good nutrition can help mitigate heart disease.



Theatre UAB presents 'Noises Off,' called 'the funniest farce ever written'

The comedy follows the misadventures of actors rehearsing a show set to open the next day and delights in physical comedy, witty dialogue and improvisation. Catch it 7:30 p.m. Feb. 23-26 and 2 p.m. Feb. 27 in the Alys Stephens Center's Sirote Theatre.



Celebrating a UAB alum's milestone achievement

Twenty years ago on Feb. 19, 2002, UAB track-and-field athlete and School of Education alum Vonetta Flowers took home the gold during the Olympic women's bobsledding competition in Salt Lake City — making her the first Black person to win a gold medal during the Winter Olympics.



Candidates for Nursing dean to begin presentations

The first of four candidates for dean of the School of Nursing will make a public presentation 9-10 a.m. Feb. 24; you may attend in Nursing Building 1056 or connect with Zoom. The candidate will meet with the faculty 10-10:45 a.m. A BlazerID and password are required to access the recorded presentation on the Executive Search site at a later date.

Things to know



“UAB is way more diverse than anywhere else I considered. The Diwali festival that UAB hosts was an experience I shared as a kid, and I absolutely loved it. Now I get to go as a student and take my friends. I love that I can have these experiences.”
-Scout Moellering

Why choose UAB for undergrad? Get a student's perspective

For Scout Moellering, daughter of Doug Moellering, Ph.D., associate professor of nutrition sciences, memories of attending UAB's Diwali festival as a child inspired her to attend UAB. After all, a commitment to inclusiveness is one of the university's shared values: “UAB is way more diverse than anywhere else I considered,” she said. Read the Moellering's story and learn how you can refer your child or any young person you know.



Assess your finances during America Saves Week

UAB encourages a weeklong check-in on your finances during America Saves Week Feb. 21-25. Visit UAB's America Saves Page for info on financial wellness resources and events, including “Saving for the Unexpected,” a webinar with guest presenter Gina Cannady, Legacy Credit Union, noon today, Feb. 22.

Are you an academic adviser? Get tips on self care

Join the Office of Professional Studies and Experiential Learning for a discussion series on self-care 12:10-1 p.m. March 1 and April 5 on Zoom.

Nominate a Blazer for the Padma Awards

Formerly the Outstanding Women Awards, the newly named Padma Awards, presented by the Commission on the Status of Women, seek to honor those whose work supports underrepresented populations. The awards are open to all UAB employees and students, regardless of how they identify. Submit nominations online by 5 p.m. Feb. 25.

More news online

Get campus news at uab.edu/reporter and COVID-19 updates at uab.edu/uabunited. If you have news you want to share with UAB faculty and staff, use the [Request Publicity](#) form online.

Research & learning



Epidemiology 101: Learn basics about the COVID pandemic

Stella Aslibekyan, Ph.D., will discuss tools to read and think critically about the pandemic and explore concepts like herd immunity, vaccine efficacy and endemic infection, plus help attendees practice disentangling correlation from causation, during a virtual seminar noon Feb. 24.



Explore pregnancy outcomes in low-income countries

Robert Goldenberg, M.D., professor of obstetrics and gynecology, Columbia University School of Medicine, will discuss the impact of pregnancy on women in low-income countries during a seminar 12:30 Feb. 25; the seminar is presented by the Center for Women's Reproductive Health.

Get funding to research the mechanics of aging

The UAB Nathan Shock Center is accepting applications for exploratory funds of up to \$10,000 for new small projects or up to \$25,000 for pilot grants focused on the mechanistic hallmarks and/or energetics of aging. Pilot grant applications are due Feb. 25, while exploratory fund applications are accepted on a rolling deadline. Find more details online.

Do you study genetic disorders of the craniofacial region?

The Global Center for Craniofacial, Oral and Dental Disorders will fund three pilot and feasibility grants up to \$25,000 each, with preference for emerging faculty, including scientists and researchers IV and V and senior postdocs; submit proposals by Feb. 25.

Mark your calendars



How do we define 'hard choices' — and how do we make them?

Ruth Chang, Ph.D., chair and professor of jurisprudence, University of Oxford, will explore the structure of values and reasons, practical reason, agency, rationality and decision-making 12:15 p.m. March 2 on Zoom as part of the Jemison Visiting Professorship in the Humanities lecture series; this seminar his hosted by the Department of Philosophy.



Learn to provide effective feedback to online students

Discover effective approaches and tools for communicating and engaging with students in online courses during a virtual workshop 11 a.m. Feb. 25.

Learn salsa dancing for beginners

Move and groove while learning salsa, a blend of Cuban dances such as mambo, pachanga and rumba with American dances such as swing and tap, during a lunch-and-learn noon March 9 in the Hill Student Center Ballroom B.

Don't miss these upcoming Athletics events

UAB Softball will host the Blazer Invite Feb. 25-27, with opportunities for young fans to get in free. And Women's Basketball will celebrate both Senior Day and Family Day Feb. 26 in Bartow Arena when they play UTEP; a \$20 Family 4-Pack comes with four tickets and four popcorns for \$20.

One more thing



The Fisher sisters and their family's passion for nursing

Sarah Louise Fisher Giles graduated from the School of Nursing in 1969 — the school's first Black graduate — and sisters Cynthia Fisher Frazier and Eleanor Fisher later also graduated from the school. Their mother hoped to become a nurse, but didn't have the chance, so they decided to follow her dream. ❤️

Check the campus calendar for more events

Lectures	Arts	Athletics
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