



“Do your best to love as much as possible, share as much compassion and kindness and grace as possible.”

—AYTONA “YAYA” HATCHER, SENIOR MAJORING IN GENERAL STUDIES

#HumansOfUAB

@exploreuab

April 19, 2023



Spring commencement is April 28-29

Nearly 2,000 graduating students will walk in three commencement exercises in UAB’s Bartow Arena April 28-29, which will be streamed on Facebook and YouTube. Don’t forget that 13th Street South between 6th Avenue South and University Boulevard will be closed to through traffic due to commencement 11 a.m. April 28 through the end of ceremonies April 29.



3 ways to celebrate sustainably during graduation

Did you know the UAB Bookstore sells eco-friendly confetti? Get tips from UAB Sustainability on how to avoid environmentally damaging waste during commencement celebrations and photoshoots.



Med student is on a mission to make tattoo inks safe

A chemical mystery drew Matthew Kiszla into tattoo research: Why are red inks most likely to cause rashes and other reactions? Now he is working to analyze commercial inks and looking for collaborators both scientific and artistic.



Drive up and drop off your glass recycling tomorrow

Recycle food and beverage bottles and containers of any color — including soda and juice containers, alcoholic beverage bottles and drinking glasses. See a list of prohibited items online.

🕒 noon-5 p.m. April 20
📍 UAB Recycling Center
📄 Details online

More news online

Get campus news at uab.edu/students, uab.edu/reporter and uab.edu/news. Check the Campus Calendar for more events on campus, and submit your own. If you have news you want to share, use the Request Publicity form online.

Things to know



Get a free wellness screening April 27-28

Learn about your weight, blood pressure, A1C and more in 15 minutes or less during a private health screening; bring your ONE Card or provide your BlazerID.

🕒 9 a.m.-3 p.m. April 27-28
📍 HSC Food Court Lobby
📄 Register online



Blazer Express will now take you to the grocery store

Just bring your ONE Card and a reusable grocery bag.

- **Pickup location:** Hill Student Center outside Starbucks
- **Pickup times:** 9-11:30 a.m. Saturdays 2-4:30 p.m. Sundays
- **Stores:** Walmart, Mi Pueblo, Super Oriental Market

Stay up to date on UAB technology outages

Visit the UAB Status page at status.uab.edu to check on tech outages and subscribe to email or text updates. The Status page is UAB IT’s best way to quickly share information about the status of technology tools on campus, including email and the Wi-Fi network. The page also includes links to third-party status pages for vendors such as Canvas, Adobe and Duo.

Earn a university hearing board certification May 5

Learn the role of the hearing board and how to conduct a hearing, weigh evidence and assign appropriate sanctions in accordance with university policy; participants who complete certification will be eligible to serve as a judicial board member.

🕒 8:30 a.m.-4 p.m. May 5
📍 Hill Student Center
📄 Register online

Blazer achievements



What 10 mentors learned from teaching graduate students and postdocs

Ten graduate faculty were honored with the UAB Graduate Dean’s Excellence in Mentorship Award for exceptional work with graduate students and postdoctoral fellows. “These mentors inspired their students and ignited a fire in them to achieve more than they thought possible,” said Shadi Martin, Ph.D., dean of the Graduate School and vice provost for Graduate and International Education.

Research & learning



Trouble focusing? Improve your attention with these tips

Megan Hays, Ph.D., psychologist in the Department of Physical Medicine and Rehabilitation, shares tips for training your brain to better focus on important tasks.

Apply for the Partnership Research Summer Training Program

The intensive eight-week in-person, laboratory-based, mentored summer research experience is open to rising first- and second-year undergraduates and graduate students. Applications are due April 24; contact Szparkar@uab.edu for more info.

How to Launch a Start-Up: Panel Discussion

Hosted by the Harbert Institute for Innovation and Entrepreneurship, the panel will feature a line-up of local experts.

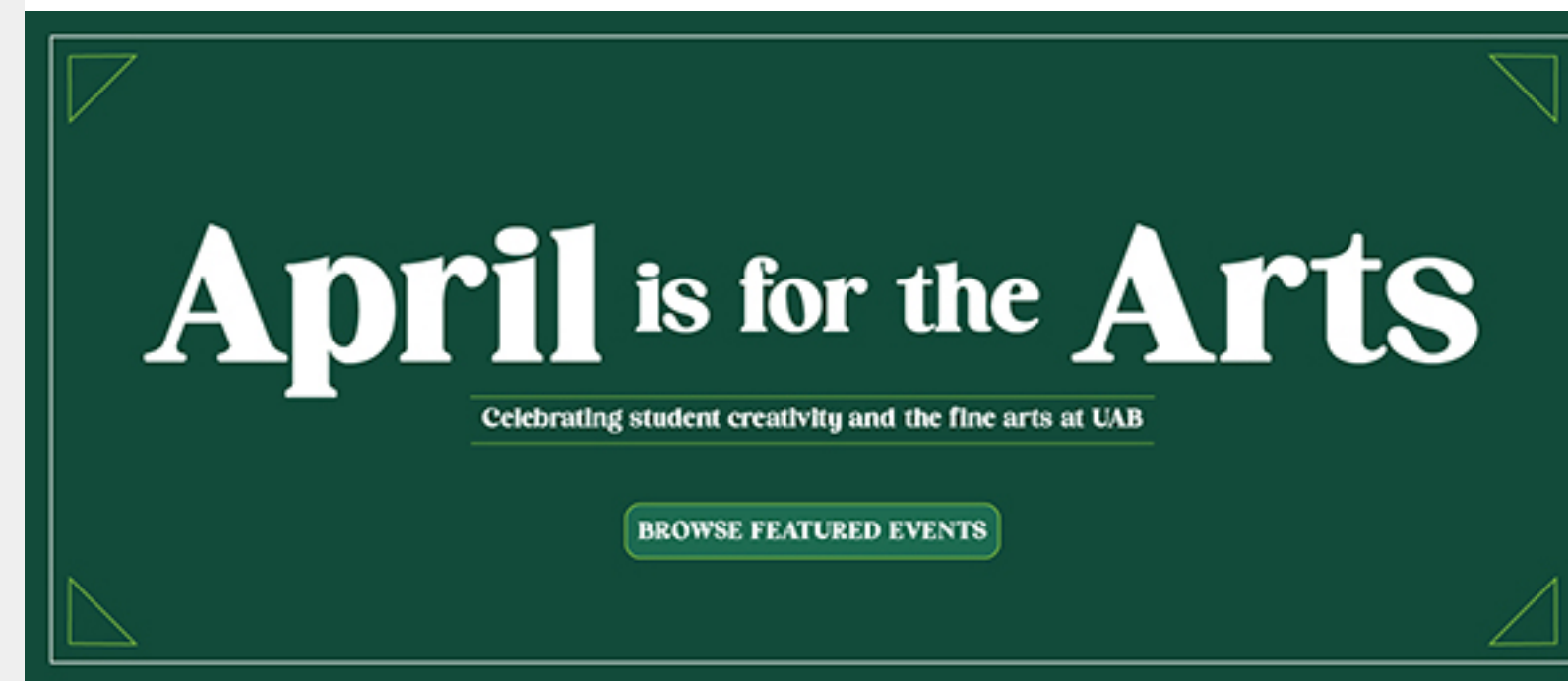
🕒 8:30 a.m. April 21
📍 HSC Alumni Theater
📄 Register online

UAB Nathan Shock Center Seminar with Girish Melkani

Girish Melkani, Ph.D., associate professor of pathology, will present “You Are What You Eat: Time-Restricted Feeding and Circadian Mediated Attenuation of Aging Disorders.”

🕒 12:15 p.m. April 19
📍 LRC
📄 Details online

Mark your calendars



Celebrate the arts this month

Presented by the College of Arts and Sciences, “April is for the Arts” is a monthlong celebration of the fine arts at UAB aimed at showcasing the extraordinary talent from across the college’s academic units. See events on the Campus Calendar.



Register to volunteer for the International Peace Conference

Leaders in academia, government, public safety, religion, business and community service will share ideas and propose solutions to some of society’s most complex challenges during the Birmingham conference May 5-6.

- Volunteer
- Buy tickets

2023 BFA Exhibition

Ten graduating UAB students will have their works featured in a Bachelor of Fine Arts exhibition. A closing reception is scheduled 6 p.m. April 28.

🕒 through April 29
📍 AEIVA
📄 Details online

Grad Movie Night: Lemonade Mouth

Join the Blazer Spirit Council for a screening of “Lemonade Mouth.”

🕒 6 p.m. April 24
📍 HSC Alumni Theater
📄 Details online

Arts	Athletics	Lectures
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