LAB. THE UNIVERSITY OF ALABAMA AT BIRMINGHAM

GreenMail news & information for the UAB student community

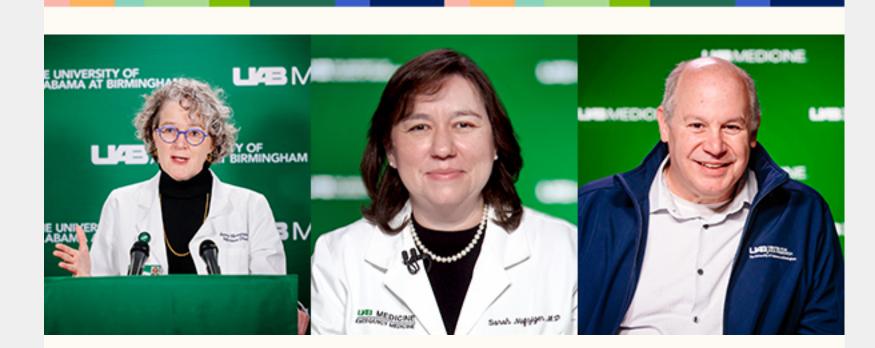


New Academic Tech Expenses During the Pandemic?

The Higher Education Emergency Relief Fund offers student support.

Learn more

August 4, 2021



FROM THE EXPERTS: Answering new COVID questions

UAB experts Jeanne Marrazzo, M.D., director of UAB's Division of Infectious Diseases, Sarah Nafziger, M.D., vice president of UAB Hospital Clinical Services, and Michael Saag, M.D., director of the Center for AIDS Research, answer some of today's most common questions about COVID, the Delta variant, vaccines, masking and more in these ► YouTube videos — perfect for sharing on social.

► What are

high in the

Southeast

cases?

breakthrough

► Why are cases so

Delta	variant
411	

Facts about case numbers

Just how contagious is the new Delta variant?

► What will protect me from getting infected?

If I can still catch Delta, what's the point in getting vaccinated now?

> If I'm vaccinated, why should I mask?

The rundown

on vaccinations



► What does all this mean for UAB?

Our situation at UAB is fluid, Nafziger explains. Experts continue to review data and craft reasonable safety guidelines, all with the goal of keeping Blazers together safely.

UAB continues to track and report campus COVID cases. From July 23-29, 16 new positive cases were reported among students, 11 new positive cases were reported among non-clinical faculty and staff and 55 new positive cases were reported among clinical enterprise employees. Exposed or showing symptoms? Report online.



Not vaccinated yet? Start here:

Visit a pop-up clinic 1:30-4 p.m. Aug. 9 or 16 at the Hill Student Center Performance Lounge for your first or second dose of the Pfizer vaccine. Walk-in appointments are open to current or prospective students, family members and friends who meet eligibility requirements.

Can't make it to a pop-up clinic? Try one of these instead:

Get a UAB T-shirt or hat when you get your vaccine at the UAB Student Health Services Immunization Clinic or a pop-up clinic.
Visit uabmedicinevaccine.org to find a vaccine time and location.
Find a vaccine site near you at vaccinefinder.org if you're not on campus.

Don't forget! Students who get their COVID vaccination off campus should submit an immunization record through the Student Health patient portal — just follow the steps on this flowchart or ask for help at a pop-up clinic. You'll get **\$20 in Blazer Bucks** for submitting, and registered student orgs with 70% or more of their members vaccinated by Aug. 23 will get cash for catering, allowed purchases and/or travel.

More news for you



Summer commencement to be held virtually

Commencement, scheduled for Aug. 13-14, will now be held virtually; large, indoor gatherings have been canceled due to increasing COVID-19 infections.



COVID emergency room visits rise as Delta variant spreads

Emergency departments continue to report more COVID-19 admissions, especially among unvaccinated persons. Reduce your chance of severe illness and hospitalization by getting vaccinated, and for conditions or illness that might not require emergency care, consider options outside of the emergency room.

More news online

Get campus news at uab.edu/students and COVID-19 updates at uab.edu/uabunited. If you have news you want to share, use the Request Publicity form online.

Mark your calendars

Passport Office expanding hours beginning Aug. 23

The UAB Passport Office in UBOB will be open 8:30 a.m.-4:30 p.m. Monday-Friday. Typical passport lead times are 18 weeks for routine and12 weeks for expedited; passport appointments are still limited.

Recognize and respond to your hunger cues

Ever eat when you're not actually hungry? Or suddenly become hangry? It's likely you're missing your body's hunger cues. Hear Nutrition Sciences' José Fernández, Ph.D., and Tara Harman discuss how to become mentally present and take control of your hunger 7 p.m. Aug. 10 on Zoom.

Learn more about Professional Studies graduate certificates

Hear ways you can hone your research communication or lab management skills and enhance your mentoring, leadership or professional development during a Zoom session with the Graduate School's Office of Professional Studies and Experiential Learning. Four sessions available starting Aug. 9.

Check the campus calendar for more events

