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## After Reading About the Orca and Its Calf

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## After Reading about the Orca and Its Calf

Maybe it isn't saltwater that heals—

my mother's theory—

but the mere going down to the sea, removing your shoes,

a way of humbling yourself

before forces larger than, deeper than, stronger than.

Once I body-surfed in Lake Superior.

When a wave smashed me, I crawled out of the water.

Maybe it isn't that we're cruel—

if we believe that all the other creatures hurt too, what a weight

of grief. I regret killing the spider

on the gray dashboard of my car. It looked for a home—

The Seattle Times said the orca carried her calf for a week, refusing to let the dead thing

go. Finally she let the sea take it.