**High-pressure performance leads to superconductor grant**

UAB researchers will develop a next-generation 3D-printed superconductor thanks to a grant from the National Science Foundation. The project, led by UAB’s Katherine Weise, O.D., and co-principal investigator Thomas Blanton, Ph.D., is aimed at developing designer diamond technology for use in high-pressure superconductors.

**Coping with a chronic illness? Join this group**

One more thing: Join our virtual group to learn about the difficulties of living with chronic illness, including pain, fatigue, physical changes and stress.

**Things to know**

- **Two ways to earn a gown:**
  - Join the class of 2024 to support the 2023 U.S. Olympic and Paralympic teams.
  - Order a gown for fall orientation.

- **March Madness tips:**
  - Avoid distractions.
  - Keep your focus.

- **Coping with the back-to-school blues:**
  - Pick up tools and strategies to get back into a routine.
  - Build relationships with school staff.

**Tips and tricks for curing the back-to-school blues**

- Pick up strategies to improve your time management.
- Learn how to practice habits that lead to a productive school year.
- Identify scams and protect yourself.

**Studying telehealth disparities in Alabama**

Research in the School of Public Health found disparities including race and location in telehealth usage among children insured by Alabama Medicaid in 2020. More research is required to understand the reasons for these disparities and develop effective solutions.

**Research & learning**

- Learn about new tools, from textbooks to podcasts.
- Find out how your colleagues use journaling for belonging.
- Discover ways to better organize your time and improve your time management.
- Pick up strategies to improve your time management in any role.
- Discover the features and functionalities of InterviewStream as UAB's interview training platform.
- Pick up tools and strategies to order the best behavior.

**Gaming**

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**New to management at UAB?**

- Join the training online.
- Learn about new roles and positions.
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**Smishing, vishing, quishing:**

- Learn how to protect yourself from financial scams.
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