Reducing reliance on strong pain medications. UAB offers 'totally new way' of treating back pain

UAB offers a new way to treat back pain and reduce the reliance on strong pain medications, offering patients a totally new treatment option. This approach, which combines lifestyle changes, medication management, and advanced interventional techniques, aims to provide long-term relief for patients suffering from chronic back pain.

During this innovative treatment, patients experience a significant reduction in pain scores, an improvement in physical function, and a decrease in the rate of opioid use. The interdisciplinary approach, led by a team of pain management experts, ensures that each patient receives a personalized plan tailored to their specific needs.

Improving patient outcomes, this method not only addresses the symptoms of back pain but also focuses on overall wellness, helping patients regain their quality of life. With ongoing support and education, patients learn strategies to manage their condition and prevent future episodes.

About the treatment:
- **Combined Management:** A collaborative approach integrating multiple treatment modalities.
- **Interventional Techniques:** Minimally invasive procedures to alleviate pain.
- **Lifestyle Changes:** Encouraging healthy habits to support long-term recovery.
- **Medication Management:** Safely managing pain medications to achieve optimal relief.

UAB's commitment to innovation and patient-centered care continues to advance the field of pain medicine. Through this new treatment option, UAB aims to provide relief for those suffering from back pain, enhancing quality of life for patients across the region.

Join our mailing list for more updates on innovative treatments and services from UAB's pain management experts.

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