

August 9, 2024



### “This is a paradigm breaker”

In a study published in Science Advances, researchers at UAB and Rush University Medical Center provide evidence that the preservation of memories is maintained by the quality — not the quantity — of synapses in old age. This suggests that therapy to remodel synapses could help memory in old age and dementia patients.



### Grab lunch with friends today

Be Seen Eating in Green, the latest community-building event from the Staff Council, encourages staff and faculty to meet for a \$7 lunch at the Commons on the Green from 11 a.m.-1 p.m.



### Ascension St. Vincent's to become UAB St. Vincent's following acquisition

Following the planned UAB Health System acquisition announced last month, included Ascension St. Vincent's operations and sites of care will have a new name: UAB St. Vincent's.



### Read the next part of Frontline Healthcare Leadership

In the just-published chapter 3, UAB's David Rogers, M.D., and Cullen Clark, Ph.D., examine how leaders can balance efficiency and well-being. Read the first three chapters online and learn more about the book in this UAB Reporter article.

### More news online

Get campus news at [uab.edu/reporter](http://uab.edu/reporter) and [uab.edu/news](http://uab.edu/news). Check the [Campus Calendar](#) for more events on campus, and submit your own. If you have news you want to share, use the [Request Publicity](#) form online.

### Things to know



### 3 ways to celebrate sustainably during graduation

With UAB commencement tomorrow, remember that celebrations and photoshoots often can come with environmentally damaging waste, such as balloons and confetti. Read tips from UAB Sustainability on how to stay sustainable during festivities.

### Registration for Wellscreens 2024 opens Aug. 19

Wellscreens, the annual biometric health screenings from UAB Employee Wellness, returns to campus starting Oct. 1. Registration for fall 2024 dates opens Aug. 19, and the dates and locations are online now. The 15-minute screenings are free to all benefit-eligible UAB, UAB Hospital, UAB LLC, UAB Health System/UA Health Services Foundation and Cooper Green employees. My Health Rewards participants can earn up to \$350 annually by completing healthy activities and behaviors, including completing a Wellscreens visit.

### Faculty Senate meets Aug. 13

The agenda includes a presentation from Chief Facilities Officer Greg Parsons on UAB's Facilities Master Plan for 2024-2025 and an update from University Ombudsperson Michelle Horvath on the Office of the Ombuds. The meeting is on [Zoom](#) and starts at 7:30 a.m. Aug. 13.

### UAB extending home-ownership opportunities for employees

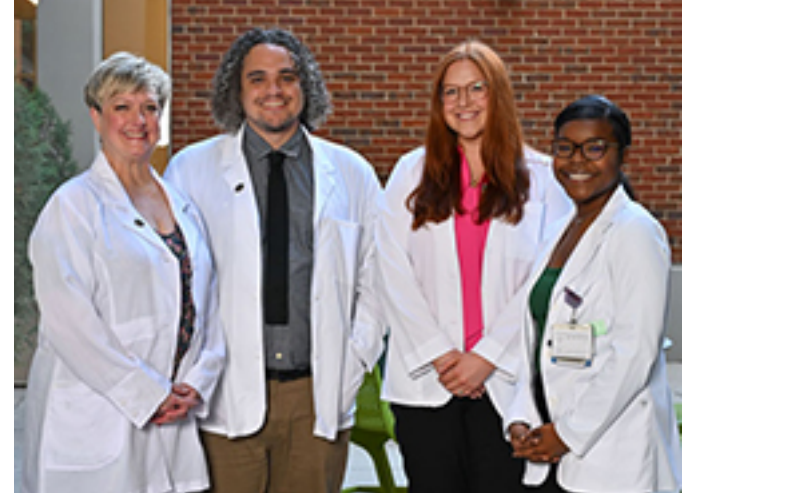
The Blazer Home Neighborhood Living Initiative is offering five grants of up to \$15,000 each that can be used for down payments and/or closing costs when purchasing a primary residence within specified incentive zones in the North Titusville neighborhood. See [qualifications](#), [eligibility](#) and the [application form](#) online.

### Blazer achievements



### Studying links between hormones and aging

Department of Biology Ph.D. student Tate Lasher was awarded the Diana Jacobs Kalman/American Federation for Aging Research Scholarship for Research in the Biology of Aging. He will investigate how blocking growth hormone action in the pancreas contributes to healthy aging.



### MSN Nurse-Midwifery Pathway graduates first cohort

The newly re-established program is the only nurse-midwifery pathway offered in Alabama. School of Nursing leaders say that certified nurse-midwives can help address the state's high maternal and infant mortality rates. The first four students will graduate at UAB's commencement ceremony tomorrow.

### Research & learning



### What sets UAB's new major in human rights apart

The interdisciplinary program is the first of its kind at a public university in the Deep South. "If you want to change the world for the better, this is a degree that will show you how," said Tina Kempin Reuter, Ph.D., director of UAB's Institute for Human Rights and program director for the new major.



### Cultivate your growth with LinkedIn Learning

LinkedIn Learning representatives will share information about the newest features that are available to personalize your learning.

- 11 a.m. Aug. 14
- virtual
- Register online

### More learning opportunities

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| <b>DISC - Understanding Your Behavioral Style</b> , 9:30 a.m. Aug. 13       | <b>11th Annual Southeastern Immunology Symposium</b> , 8 a.m.-5 p.m. Aug. 16             |
| <b>Navigating Compassion Fatigue in the Workplace</b> , noon Aug. 14        | <b>Performance Evaluation: Staff Making the Most of Your Review</b> , 10:30 a.m. Aug. 16 |
| <b>Taking Charge of Your Career: Improving Confidence</b> , 11 a.m. Aug. 15 |  |

### Mark your calendars



### New artists added to ASC schedule

Jacquelyn's Jewels 2024, "The Littlest Mermaid" and "Yuletide in Dogtown" are among the offerings. See the complete schedule [here](#) and buy discounted employee tickets now.



### Legacy Family Day is Sunday

Alumni and their families can take pictures with Blaze, enjoy water slides and the Rec Center pool, sink a UAB celebrity in the dunk tank and more. Tickets are \$5 per person; registration is required.

- 3-5 p.m. Aug. 11
- Campus Green
- Register online

### One more thing



### Kids are back in school. Here's how to keep germs at bay.

"When kids return to school, they are suddenly in close contact with many students who are outside of their summer social circle and could be exposed to new germs, which can lead to an increase in illnesses like the common cold," said Suzanne Judd, Ph.D., chair of UAB's Department of Health Behavior. Follow Judd's strategies to reduce the chances of your child, and the rest of the family, getting sick.