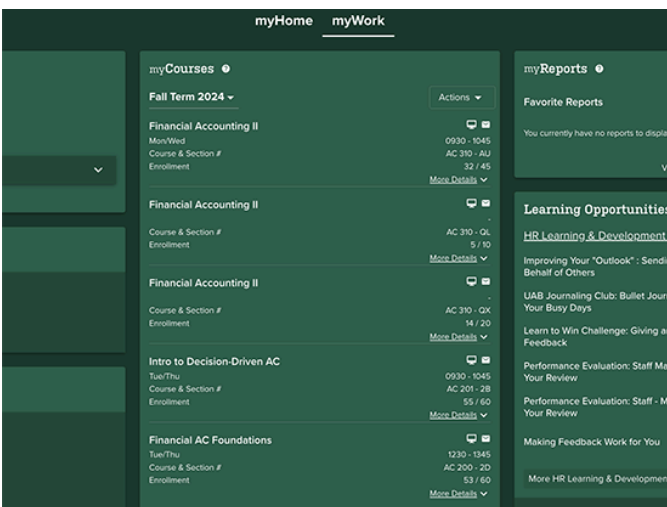


August 20, 2024



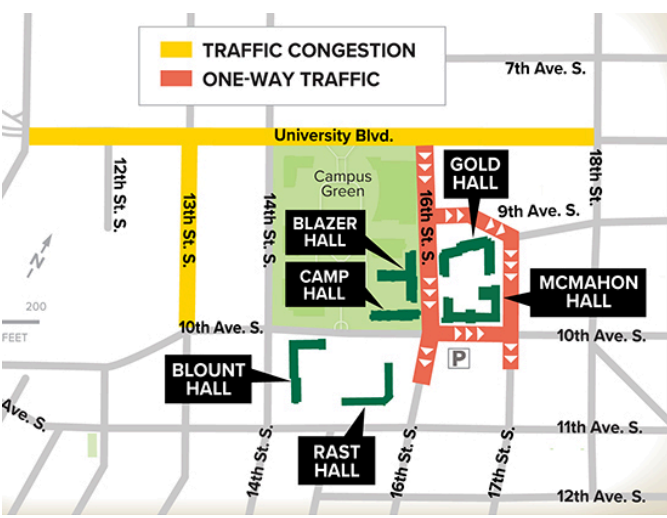
Registration for Wellscreens 2024 now open

Wellscreens, the annual biometric health screenings from UAB Employee Wellness, return to campus starting Oct. 1. Registration for fall 2024 dates is open now. The 15-minute screenings are free to all benefit-eligible employees. My Health Rewards participants can earn up to \$350 annually by completing healthy activities and behaviors, including completing a Wellscreens visit. See Wellscreens details online.



Faculty can now use the customizable myCourses module

Schedules, course listings and easy links to Canvas and Outlook are all part of the new myCourses component of the myUAB portal.



Change your commute route tomorrow through Saturday

As students begin arriving on campus for the fall semester, UAB Transportation recommends traveling an alternative route to work during times Aug. 21-25 when the most students will be moving into on-campus housing. This map will help you plan.



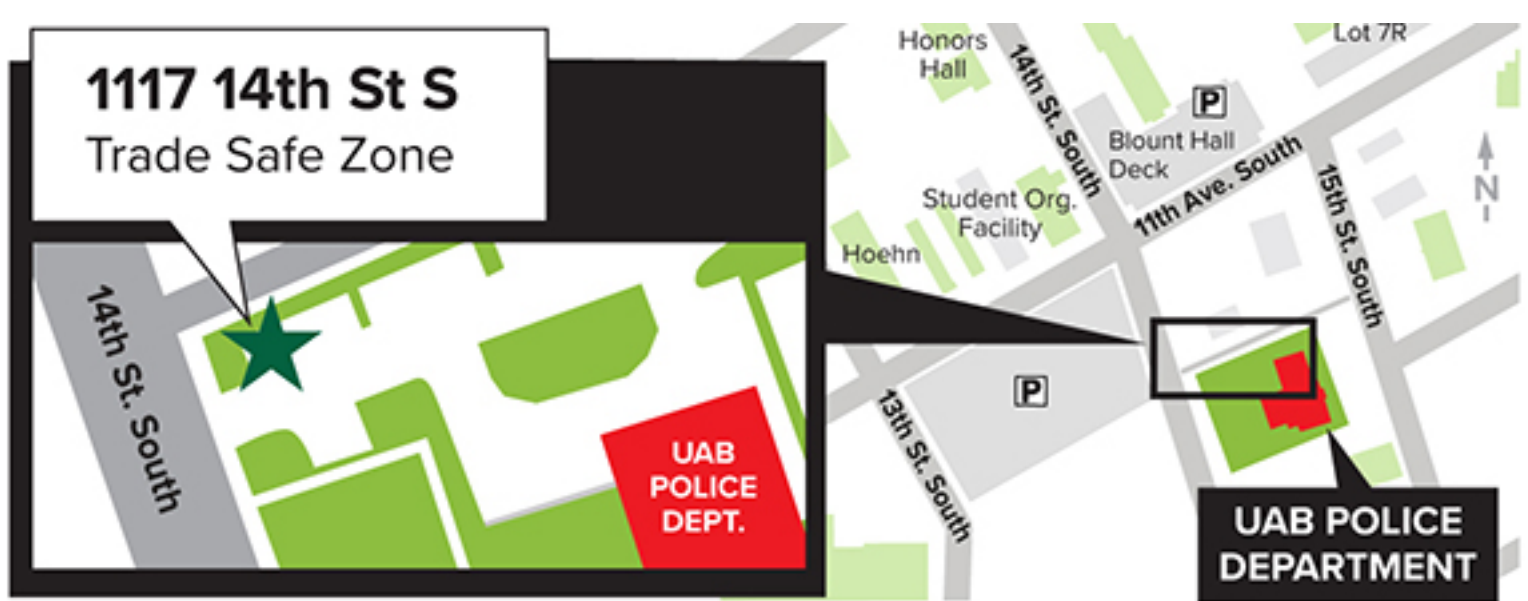
How VR could help children stay safe as pedestrians

Road traffic is the leading killer of children worldwide. UAB safety researcher David Schwebel, Ph.D., has developed a virtual reality simulator and phone app to teach lifesaving pedestrian safety skills. In a new study, kids reached adult levels of proficiency with 5 hours of training.

More news online

Get campus news at uab.edu/reporter and uab.edu/news. Check the [Campus Calendar](#) for more events on campus, and submit your own. If you have news you want to share, use the [Request Publicity](#) form online.

Things to know



Trade Safe Zone helps Blazers buy and sell goods safely

Located in the UAB Police and Public Safety building parking lot, the zone has video surveillance, a UAB Help Phone and is well lit. The parking spot is designated with a sign and bright green paint on the asphalt.



Farm Stand returns next Tuesday

The UAB Employee Wellness initiative brings fresh, locally sourced produce from Chilton County's Boozer Farms to campus each week. Stop by the Kirklin Clinic's first floor atrium Tuesdays from 9 a.m. to 1 p.m. starting Aug. 27 to shop for a wide selection of fruits, vegetables, honey and more.

Faculty and staff to get extra holidays at year's end

Two Tuesdays, Dec. 24 and Dec. 31, will be designated as paid holidays to enable UAB and UAB Medicine employees additional time to spend with their families and friends. See the [full UAB holiday schedule](#) online.

Cooper Green launches cleaning supplies donation drive

Consider donating all-purpose cleaner, microfiber cloths, disinfecting wipes and more to help patients in need at Cooper Green Mercy Health, an affiliate of the UAB Health System. Bring items to the guest services desks in Cooper Green's lobbies during operational hours, from 7 a.m.-4 p.m. through Sept. 13. See a [full list of needs](#) online.

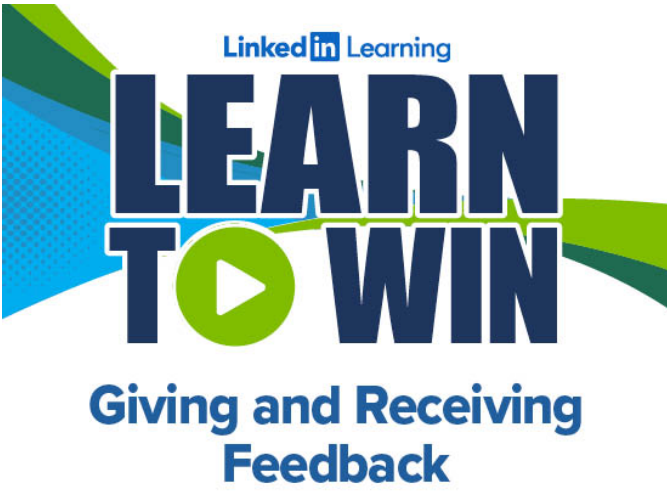
Research & learning



How can you protect your eyes from digital dangers?

UAB optometrist Beth Steele, O.D., will share practical, science-backed strategies to protect your eyes from digital strain and promote long-term wellness.

📅 noon Aug. 22
📍 virtual
📄 [Register online](#)



Take up this challenge

Feedback is an important part of personal and professional growth. Discover new lessons every day that can help you. Don't worry if you miss a day — you can always catch up tomorrow. Each day should take around 5-10 minutes. Complete this Learn to Win Challenge by Aug. 23.

Essential prep for the most important day of class: the first

What happens on the first day in the classroom sets the tone for the whole course. Amy Chatham, Ph.D., director of the Center for Teaching and Learning, explains how to welcome students, focus their attention, review the syllabus and more in Teaching Effectiveness: First Day of Class, 11:30 a.m. Aug. 23 in the Commons on the Green. [Register online](#).

CCTS Research Training Program starts Aug. 27

This 6-week program provides in-depth training on essential areas of clinical investigation with key leaders at UAB and is appropriate for study coordinators, billing managers, regulatory staff, and other research team members. There is a \$150 enrollment fee. [Register online](#).

Submit abstracts for vaccine symposium by Sept. 6

The 2024 Dorothy Oliver and Drucilla Russ-Jackson Vaccine Lecture and Symposium will be held 10 a.m.-4 p.m. Oct. 3 and feature a keynote address from Matthew Laurens, M.D., professor at the University of Maryland School of Medicine. Postdocs and other UAB trainees are encouraged to submit an abstract by Sept. 6.

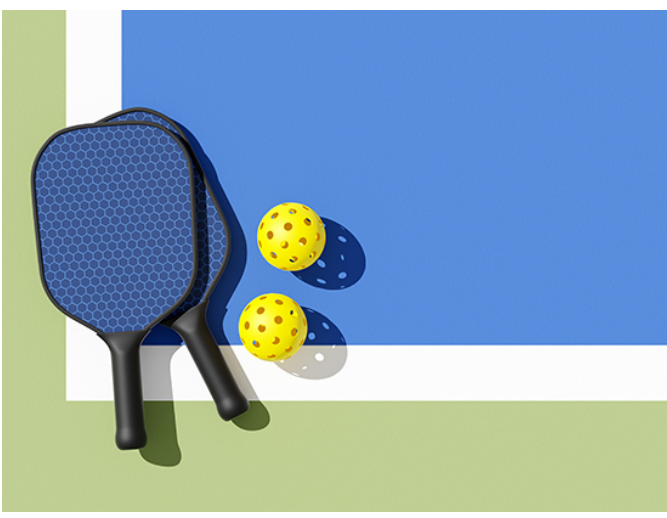
Mark your calendars



Get \$10 tickets to the football season opener

Get a special employee discount while supplies last as the Blazers take on Alcorn State for a Thursday night contest.

📅 7 p.m. Aug. 29
📍 Protective Stadium
📄 [Buy tickets](#)



Lunchtime pickleball is back

Register now through Sept. 3 for the fall 2024 intramural season, which runs from Sept. 9-Oct. 10.

📍 Campus Rec Center, Center Court
📄 [Register online](#)



Cat Power sings Dylan

The singer-songwriter and guitarist pays homage to Bob Dylan's iconic 1966 Royal Albert Hall Concert with soulful renditions of Dylan's timeless classics.

📅 7 p.m. Sept. 21
📍 ASC Jemison Concert Hall
📄 [Buy tickets](#)

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