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Ash, Ash - You Poke and Stir

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Ash, Ash-You Poke and Stir

My friend calls it the blues and gives me a book about women who take long baths in green tea or eat cherries or buy colorful scarves to alleviate their dread of waking each morning to a daze, gray-lit and starless. Some have said it is a well, deep and frigid, or a cave: a liminal twilight that promises nothing; a mute interim between us and our futures. Others say it's a call, like Lady Lazarus' talent for the rot and return, her headlong dips into the deeps of oblivion. And I must admit I've heard a call, a voiceless beckoning to a distant, shimmering edge. My friend calls it the blues and gives me a book, pointing to passages about acupuncture, recipes involving chocolate, verses about a new dawn. I say it's not that and tell her about the dream I had, my body doused with gasoline and lit to the treetops, and from the ribs down only a phosphorescent glow where that part of me had been, and now only heart and brain, two loners sending their signals, drumming on.